

# Area Office On Aging of Northwestern Ohio, Inc.

## April 2024

MONDAY

4/1/2024

Hamburger Patty  
Brown Gravy

or

Honey Mustard Chicken  
Buttermilk Potatoes  
Green Beans w/Tomatoes/Onions  
Wheat Bread  
Fresh Fruit  
Milk  
Margarine  
Diet - Same

4/8/2024

TUESDAY

4/2/2024

Sausage Patty

or

Cheese Omelet  
Oven Roasted Potatoes  
Orange Juice  
Biscuit  
Hot Cinnamon Applesauce  
Milk  
Margarine  
Assorted Jelly

Diet-Hot Cinnamon Applesauce

WEDNESDAY

4/3/2024

Turkey Breast with Gravy

or

Creamy Paprika Chicken  
Macaroni and Cheese  
Garden Vegetable Blend  
Multi-Grain Bread  
Fruited Gelatin  
Milk  
Margarine  
Diet - Fruited Gelatin

4/10/2024

THURSDAY

4/4/2024

Beef Stroganoff

or

Glazed Ham  
Succotash  
Glazed Carrots  
Wheat Bread  
Fresh Fruit  
Milk  
Margarine  
Diet - Same

4/11/2024

FRIDAY

4/5/2024

Vegetable Lasagna

or

Beef Spaghetti Casserole  
Green Peas  
Whole Kernel Corn  
Texas Bread  
Sugar Cookie  
Milk  
Margarine  
Diet - Graham Crackers

4/12/2024

*closed for solar eclipse*

4/15/2024

Honey Mustard Chicken

or

Beef with Mushroom Gravy  
Buttermilk Potatoes  
Green Peas  
Wheat Bread  
Fresh Fruit  
Milk  
Margarine  
Diet - Same

4/16/2024

Hamburger Patty

or

BBQ Pork Rib Patty  
Baked Beans  
Mixed Vegetables  
Hamburger Bun  
Fresh Fruit  
Milk  
Diet - Same

4/17/2024

Chicken Pot Pie

or

Meat Cabbage Casserole  
Whole Kernel Corn  
Brussels Sprouts  
Multi-Grain Bread  
Pineapple Tidbits  
Milk  
Margarine  
Diet - Same

4/18/2024

Pork with Supreme Sauce

or

Creole Steak  
Whipped Potatoes  
Sliced Carrots  
Wheat Bread  
Devil's Food Cake  
Milk  
Margarine  
Diet - Hot Peas

4/19/2024

Macaroni & Cheese

or

Ham and Macaroni Casserole  
Stewed Tomatoes  
Spinach  
Cornbread  
Fresh Fruit  
Milk  
Margarine  
Diet - Same

Meatballs with Mushroom Gravy

or

Pineapple Glazed Chicken  
Cheesy Whipped Potatoes  
Brussels Sprouts  
Wheat Bread  
Fresh Fruit  
Milk  
Margarine  
Diet - Same

4/23/2024

Chicken and Rice Casserole

or

Creole Steak  
Sliced Carrots  
Winter Vegetable Blend  
Dinner Roll  
Brownie  
Milk  
Margarine  
Diet - Graham Crackers

4/24/2024

Taco Pie

or

Chilaquiles Casserole  
Mexican Rice  
Stewed Tomatoes  
Flour Tortilla  
Fresh Fruit  
Milk  
Margarine  
Diet - Same

4/25/2024

Glazed Ham

or

Oven Fried Chicken  
Baked Sweet Potato  
Tossed Salad  
Multi-Grain Bread  
Pear Crisp  
Milk  
Ranch Salad Dressing  
Margarine  
Diet - Hot Peas

4/26/2024

Beef Patty w/Grav/Peppers

or

Turkey with Supreme Sauce  
Garden Koftini  
Cabbage  
Wheat Roll  
Birthday Cake  
Pineapple Tidbits  
Milk  
Margarine  
Diet - Angel Food Cake

4/29/2024

Vegetarian Chili

or

Beef Chili  
Baked Potato  
Green Peas  
Cornbread  
Fresh Fruit  
Milk  
Margarine  
Sour Cream  
Diet - Same

4/30/2024

BBQ Pork Rib Patty

or

Hamburger Patty  
Macaroni and Cheese  
Glazed Carrots  
Hamburger Bun  
Fresh Fruit  
Milk  
Ketchup  
Diet - Same



Nourishment through compassionate care.

Ingredient Information Available

419-382-5791

*Kim Dammert, RD, LD*

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